

California State Alliance of YMCAs
Impact Report

2023



Our Alliance serves as our voice in shaping public policy, our platform for achieving collective impact, and our action center for statewide partnerships. We are connected for communities and California.

IN 2023



3.3 M

Meals served to provide critical nourishment to communities

2,704

Older adults found community through their YMCA membership

153,649

Summer Day Campers build character and lifelong friendships

132,210

Children engage in aquatics activities to promote healthy activity and prevent drowning

16,667

Volunteers worked closely with the YMCA to provide programs to their communities

IMPACT OF CALIFORNIA YMCAS

Millions of Californians count on the YMCA to connect to resources, relationships and opportunities to learn, grow, and thrive. Our 29 local, independent Ys are change agents improving lives and strengthening communities across the state. Through the California State Alliance of YMCAs, California Ys multiply their impact in each of the key focus areas. Here are local stories of impact from a few of our YMCAs across the state:

YOUTH DEVELOPMENT

YMCA of San Francisco's Outdoor & Nature Engagement program at Fort Scott gives youth in grades K-5 meaningful time outdoors! The enrichment program takes place on the National Parkland of the Presidio, and youth spend their time with their cohorts exploring, building community, and developing scientific inquiry skills that support NGSS standards, such as asking questions, defining problems, constructing explanations, and defining solutions. All of this is tied together through games and exploration while hiking between the wonders of Fort Scott.



Read more about YMCA of San Francisco's Outdoor & Nature Engagement Program by scanning the QR code to the right

SOCIAL RESPONSIBILITY

YMCA of Channel Island's Haley Street Navigation Center is a vital resource for transitional-age clients facing homelessness. Filling a crucial service gap for individuals aged 18 to 24, the center offers on-site case managers who provide tailored support, spanning from employment and education assistance to financial resources and mental health counseling. In addition to these services, the center provides essential amenities at no cost, including internet-accessible computers, grab-and-go meals, laundry facilities, showers, personal storage, and a clothing distribution center. This approach ensures immediate relief while equipping clients with tools for long-term stability. The impact of the Center goes beyond alleviating immediate challenges. By addressing the unique needs of transitional-age clients, the center becomes a catalyst for positive change, offering not just refuge but empowerment.



Read more about YMCA of Channel Islands programs by scanning the QR code to the right

HEALTHY LIVING

West End YMCA hosts a Healthy Halloween in an efforts to help youth make healthy choices. The Healthy Halloween event invites elementary school students to bring all that extra candy collected Trick-or-Treating to their school, Upland Police Department or the Y for a chance to win a bike. Every 10 pieces of candy is worth one raffle ticket. Raffles were held at each participating location and a total of 31 bikes were given away this year.



Read more about West End YMCA programs by scanning the QR code to the right

IN 2023

\$1.8 M

Funds raised by the Alliance to support YMCAs throughout California in various initiatives



1,645

Collaborations across the State between the YMCAs and local schools, government entities, and foundations

2.8 M

Community members informed about extreme heat, COVID-19 resources, and more via digital media

69,336

Community members informed about extreme heat, COVID-19 resources, and more via in person events

742

Connections made with Youth with IDD

IMPACT OF THE ALLIANCE

The California State Alliance of YMCAs serves as a dynamic and collaborative action center, **unifying YMCAs across the state** to maximize their impact and effectiveness.

Our advocacy initiatives are centered on **making YMCAs the best community partners** they can be, strategically equipping them to cultivate and deepen relationships with government officials.

Through strategic technical assistance, we provide essential support, aiding YMCAs in navigating complex challenges and ensuring operational excellence and strong governance. Moreover, our commitment to professional networking **creates a robust community** where ideas are exchanged, collaborations flourish, and YMCAs collectively thrive.

The California State Alliance of YMCAs **stands as a catalyst for unity, empowerment, and progress**, dedicated to elevating the impact of YMCAs throughout the state, especially through our partnerships statewide.

In partnership with the **California Office of Emergency Services**, six Ys are engaged in **equipping communities with vital emergency preparedness training**. Through a series of informative events, they've been providing essential insights on how to prepare for emergencies.

14 Ys in partnership with the Office of Community Partnerships and Strategic Communications are acting as **trusted messengers to their communities** and providing relevant information around extreme heat, water conservation, taxpayer navigation, and COVID-19. Collectively, Ys have reached **69,366 people in person at events and 2,840,778 people via digital media**.

In partnership with the **Department of Developmental Services**, **13 Ys** are working on training their staff and enhancing their programs to better serve youth with intellectual and developmental disabilities. Through this funding, they have been able to **serve 742 youth with IDDs**.

Read more about the California State Alliance of YMCA by scanning the QR code to the right



IN 2023



712,093

People improved overall health thanks to YMCAs evidence-based programs

2,625

Teen participants in Youth & Government Civic Engagement

55,000

Full and part time employees approximately

258,520

Students are safe and supported in before and after school programs

OUR ALLIANCE



- California YMCA Youth & Government
- Central Coast YMCA
- Channel Islands YMCA
- Corona-Norco Family YMCA
- Family YMCA of the Desert
- Golden State YMCA
- San Luis Obispo County YMCA
- Santa Maria Valley YMCA
- Santa Monica Family YMCA
- Shasta Family YMCA
- Siskiyou Family YMCA
- Sonoma County Family YMCA
- Southeast Ventura County YMCA
- West End YMCA
- YMCA of Anaheim
- YMCA of Burbank

- YMCA of Glendale
- YMCA of Greater Long Beach
- YMCA of Greater Whittier
- YMCA of Metropolitan Los Angeles
- YMCA of Orange County
- YMCA of San Diego County
- YMCA of San Francisco
- YMCA of San Joaquin County
- YMCA of Silicon Valley
- YMCA of Superior California
- YMCA of the East Bay
- YMCA of the East Valley
- YMCA of the Foothills
- YMCA of West San Gabriel Valley



ABOUT THE CALIFORNIA STATE ALLIANCE OF YMCAS

The California State Alliance of YMCAs represents all California's independent charitable YMCAs in advocacy and collaboration. Our membership and our governing board of directors are comprised of the CEOs and executive leaders of these organizations. Our Alliance serves as our voice in shaping public policy, our platform for achieving collective impact, and our hub for our action center for statewide partnerships. We are connected for communities and California.



Scan the QR code to the right to with the California State Alliance of YMCAs!