



FOR YOUTH DEVELOPMENT[®]
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



California State Alliance of YMCAs

2021 COMMUNITY BENEFIT REPORT

California's YMCAs have served the communities of our state for over 160 years. We strengthen our communities through programs and services in youth development, healthy living and social responsibility. YMCA members, participants, volunteers and staff come from all backgrounds and walks of life and make our organization who we are. Whether through health and fitness access, expanded learning programs, aquatics, camps, volunteering and so much more, California YMCAs strengthen our state every day.

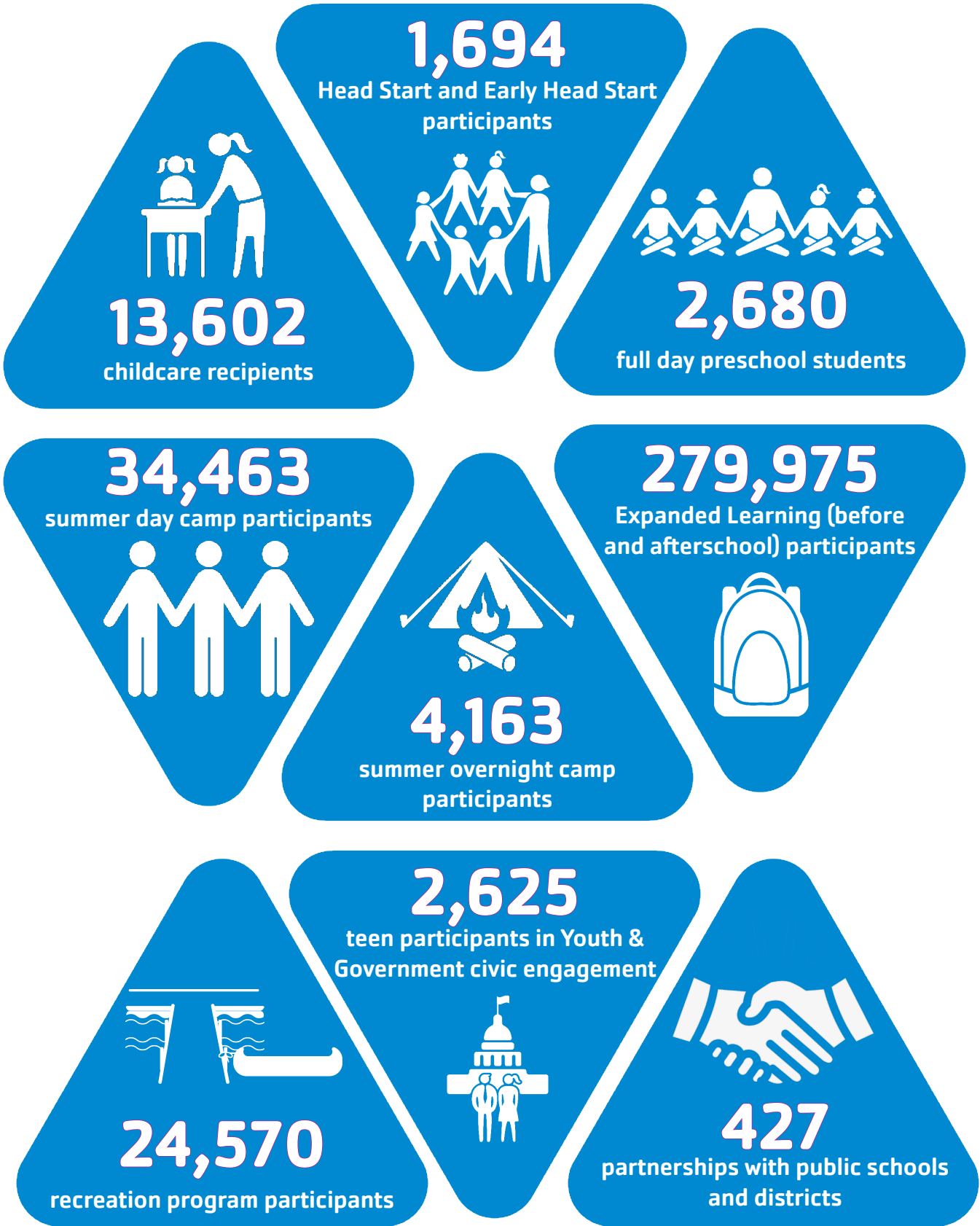
During 2021, YMCAs throughout California served our communities amidst the ongoing challenges of the COVID-19 pandemic. While we faced challenges in our operations, we remained strong in our commitment to our communities. We partnered with state and local government, schools, philanthropy and numerous community partners to help reduce the spread of COVID-19 and make sure that community needs were met. This report highlights some of our work throughout the year.



California State Alliance of YMCAs



YOUTH DEVELOPMENT





SOCIAL RESPONSIBILITY

708,550

served through meals distribution and nutrition programs



26,429

in-person and virtual senior wellness check and social connections

6,914

served or participated in organized food, blood, and clothing drives



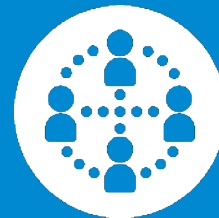
6,255

mental and emotional health program connections



346

partnerships with local and state government agencies



319

collaborations with other nonprofit community organizations



HEALTHY LIVING

33,511

Youth Swim Lesson participants



87

branches offering Senior Health & Fitness programs



595,131

Health & Fitness center members of all ages accessed opportunities to get and stay healthy and fit



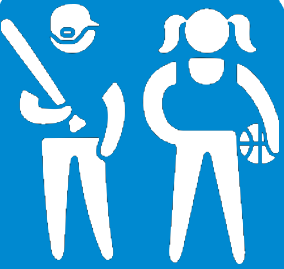
102

branches offering virtual and in-person group exercise



36,148

Youth Sports participants



34

branches offering Safety Around Water childhood drowning prevention programs



ABOUT US

The California State Alliance of YMCAs represents California's 30 independent charitable YMCA associations and 3 Armed Services YMCAs in advocacy and collaboration. Our membership and our governing board of directors are comprised of the CEOs and executive leaders of these organizations.

Our Alliance serves as our voice in shaping public policy, our platform for achieving collective impact, and our hub for statewide partnerships with government, business, charitable organizations and the people of California.

For more information, please contact our Chief Executive Officer, Kris Lev-Twombly, at kris@ymcasofca.org.

OUR ALLIANCE MEMBERS

California YMCA Youth & Government
<https://www.calymca.org>

Central Coast YMCA
<https://www.centralcoastymca.org>

Channel Islands YMCA
<https://www.ciymca.org>

Corona-Norco Family YMCA
<https://www.ymcacornor.org>

Family YMCA of the Desert
<https://www.ymcaofthedesert.org>

Golden State YMCA
<https://ymcacampsequoialake.org>

San Luis Obispo County YMCA
<https://sloymca.org>

Santa Maria Valley YMCA
<https://smvymca.org>

Santa Monica Family YMCA
<https://ymcasm.org>

Shasta Family YMCA
<http://www.sfyymca.org>

Siskiyou Family YMCA
<http://www.siskiyouymca.org>

Sonoma County Family YMCA
<https://www.scfymca.org>

Southeast Ventura County YMCA
<https://www.sevymca.org>

West End YMCA
<https://weymca.org>

YMCA of Anaheim
<https://www.anaheimymca.org>

YMCA of Burbank
<https://www.burbankymca.org>

YMCA of Glendale
<https://www.glendaleymca.org>

YMCA of Greater Long Beach
<https://www.lbymca.org>

YMCA of Greater Whittier
<https://ymcawhittier.org>

YMCA of Metropolitan Los Angeles
<https://www.ymcala.org>

YMCA of Orange County
<https://ymcaoc.org>

YMCA of San Diego County
<https://www.ymcasd.org>

YMCA of San Francisco
<https://www.ymcasf.org>

YMCA of San Joaquin County
<https://www.ymcasjc.org>

YMCA of Silicon Valley
<https://www.ymcasv.org>

YMCA of Superior California
<https://www.ymcasuperiorcal.org>

YMCA of the East Bay
<https://ymcaeastbay.org>

YMCA of the East Valley
<https://ymcaeastvalley.org>

YMCA of the Foothills
<https://www.ymcafoothills.org>

YMCA of West San Gabriel Valley
<https://wsgvymca.org>

Camp Pendleton Armed Services YMCA
<https://www.asymca.org/camp-pendleton-home>

San Diego Armed Services YMCA
<https://www.asymca.org/san-diego-home>

TwentyNine Palms ASYMCA
<https://www.asymca.org/twenty-nine-palms-home>