

YMCAs strengthen California's Communities

More than 30 million Californians count on the YMCA to connect to resources, relationships and opportunities to learn, grow, and thrive. Our Ys are change agents improving lives and strengthening communities across the state. Through the California State Alliance of YMCAs, California Ys multiply their impact.

CALIFORNIA YMCAs ENGAGE



Adults





75,216 Seniors

Youth In activities that improve health, connect communities, and fuel potential

CALIFORNIA YMCAs EMPLOY



45,000

Full and part time employees approximately

CALIFORNIA LOCATIONS





YOUTH DEVELOPMENT



279,975

Students are safe and supported in before and after school programs



2,625

Teen Participants in Youth & Government Civic Engagement



Children being given a Head Start through the Ys



34,463

Summer Day Campers build character and find role models

HEALTHY LIVING



Children learn skills that prevent drowning and promote healthy activity



Branches offering Senior Health & Fitness programs



People improved overall health thanks to YMCAs evidence-based programs



Branches offering virtual and in-person group excercises

SOCIAL RESPONSIBILITY



26,429

Seniors were given a social connection either virtually or in-person



Collaborations with other non-profit, educational, and community organizations



708,550

Meals provided to give critical nourishment to communities all over CA



Partnerships with local and state governments to better communities





The California State Alliance of YMCAs is a coaltion of California's independent YMCA leveraging our collective impact to strengthen our communities.

The purpose of our Alliance is to:

- Build capcity of all YMCAs in California
- Foster collaboration through statewide initiatives through cross-sector partnerships
- Advocate on behalf of the YMCA's mission and cause with elected officials and stakeholders
- Communication the leadership of California YMCAs are recognized as leaders in youth development, healthy living, and social responsibility

Burbank Community YMCA Camp Pendleton ASYMCA Central Coast YMCA Channel Islands YMCA Corona-Norco YMCA Family of Palm Desert YMCA Golden State YMCA San Diego ASYMCA Santa Maria Valley YMCA Santa Monica Family YMCA Shasta Family YMCA Siskiyou Family YMCA SLO County YMCA Sonoma County Family YMCA Southeast Ventura County YMCA TwentyNine Palms ASYMCA West End YMCA YMCA of Anaheim YMCA of Glendale YMCA of Greater Long Beach YMCA of Greater Whittier YMCA of Metropolitan LA YMCA of Orange County
YMCA of San Diego County
YMCA of San Francisco
YMCA of San Joaquin County
YMCA of Silicon Valley
YMCA of Superior California
YMCA of the East Bay
YMCA of the East Valley
YMCA of the Foothills
YMCA of West San Gabriel Valley

