

CALIFORNIA STATE ALLIANCE OF YMCAS

COMMUNITY BENEFIT REPORT 2024



SEE THE IMPACT OF CALIFORNIA YMCAS



Millions of Californians count on the YMCA to connect to resources, relationships and opportunities to learn, grow, and thrive. Our **28** local, independent Ys are change agents improving lives and strengthening communities across the state. Through the California State Alliance of YMCAs, California Ys multiply their impact in each of the key focus areas: youth development, healthy living, and social responsibility.



LOCAL IMPACT STORY

YOUTH DEVELOPMENT

Targeted after-school enrichment programs help students who struggle academically due to the pandemic.

The Southeast Ventura County YMCA has launched Find My Genius, a targeted after-school enrichment program to help students who struggle academically due to the pandemic. Funded by California’s Expanded Learning Opportunities Program, Find My Genius builds on the YMCA’s successful summer camp model, which supported students who were reading below grade level.

STATEWIDE IMPACT STATS

› **172,463**

Summer day campers build character and life-long friendships.

› **482,701**

Students are safe and supported in afterschool care programming.



Learn more about Find My Genius



LOCAL IMPACT STORY

HEALTHY LIVING

Wellness goes beyond physical fitness—it's about nurturing a balanced, fulfilling life.

At the Siskiyou Family YMCA, they focus on emotional, intellectual, physical, social, and spiritual well-being, providing members with resources to thrive in every dimension. One of their standout programs, Wellness Wednesdays, embodies this mission by offering weekly health talks that engage, educate, and empower the community. Each Wednesday, local experts lead discussions on various wellness topics, from mental health to nutrition, exercise, and mindfulness.

These sessions are designed to be both informative and interactive, allowing participants to ask questions, share experiences, and gain practical insights for healthier living.



STATEWIDE IMPACT STATS

› **30,543**

Older adults found community through their YMCA membership.

› **150,039**

Children engage in aquatics activities to promote healthy living and prevent drowning.

› **820,972**

People improved overall health thanks to the YMCAs evidence-based programs.



Learn more about Wellness Wednesdays at the Siskiyou Family YMCA

SOCIAL RESPONSIBILITY

The YMCA of the East Bay Provides Critical Support for Families Facing Food Insecurity



Find out more about the YMCA of the East Bay

With food insecurity affecting nearly 200,000 people in Alameda County, the YMCA of the East Bay partnered with Wells Fargo to host two holiday events, distributing over 260 Thanksgiving meal kits to feed more than 1,000 individuals, including families in its Expanded Learning Programs at Reach Academy and Piedmont Elementary School.

For 15 years, the YMCA's South Berkeley branch has been a vital resource for families through its Thanksgiving Food Basket Drive, supported by Genentech, growing from serving 25 families to over 200.

Through these efforts, the YMCA of the East Bay continues to address critical needs and bring hope to the community during the holiday season.

STATEWIDE IMPACT STATS

› **1,687**

Collaborations across the state between the YMCA and local schools, government entities, and foundations.

› **55,000+**

Full- and part-time YMCA employees

› **18,182**

Volunteers worked closely with the YMCA to provide programming to their communities.

› **3 MILLION**

Meals served to provide critical nourishment to communities.

THE ALLIANCE

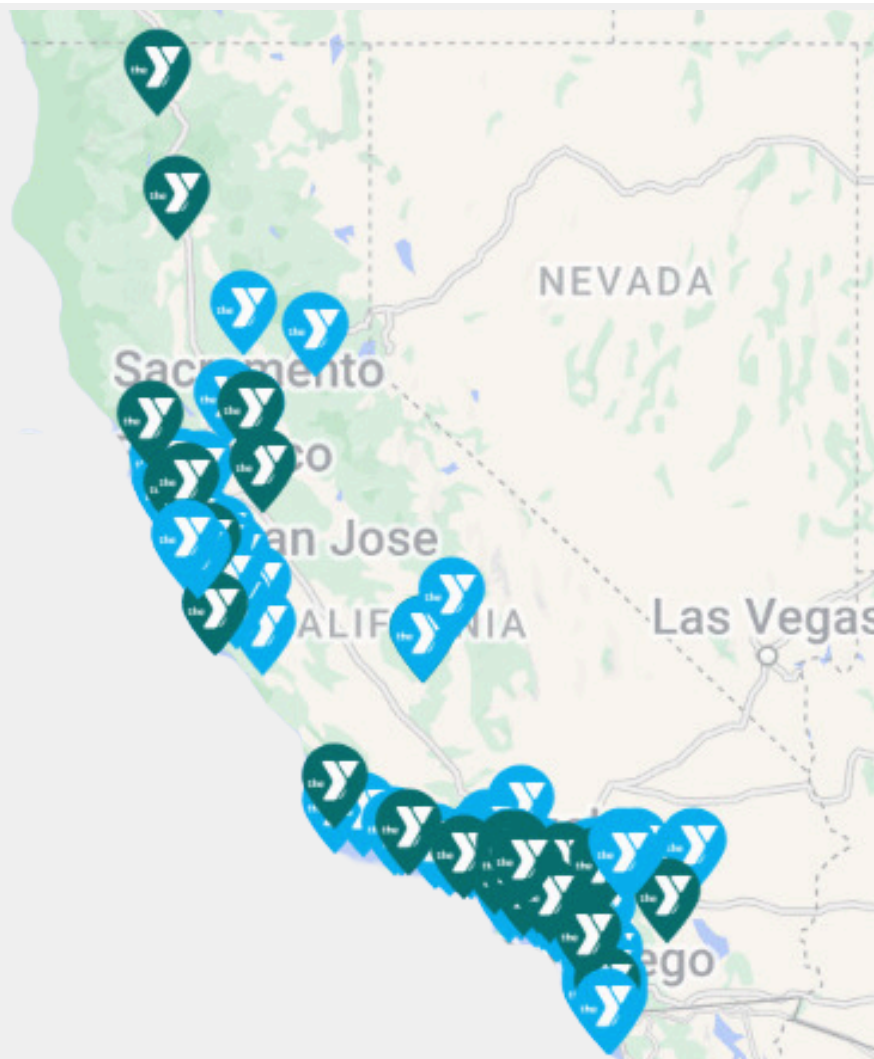
The **California State Alliance of YMCAs** represents the collective strength of all YMCAs across California, advocating for policies and fostering partnerships that benefit communities statewide. Our membership and governing board consist of YMCA CEOs and executive leaders committed to advancing our mission. Through strategic technical assistance, we provide essential support, aiding YMCAs in navigating complex challenges and ensuring operational excellence and strong governance. Moreover, our commitment to professional networking creates a robust community where ideas are exchanged, collaborations flourish, and YMCAs collectively thrive. The Alliance serves as the unified voice of YMCAs in shaping public policy, a platform for achieving lasting community impact, and the central hub for statewide collaboration. Together, we are deeply connected to communities and committed to building a stronger California.

 Find your local YMCA: www.ymcasofca.org/locations

 Connect with us: kris@ymcasofca.org

 Follow us on LinkedIn: [@CaliforniaStateAllianceofYMCAs](https://www.linkedin.com/company/CaliforniaStateAllianceofYMCAs)

- Central Coast YMCA
- Channel Islands YMCA
- Corona-Norco Family YMCA
- Family YMCA of the Desert
- Golden State YMCA
- Santa Maria Valley YMCA
- Santa Monica Family YMCA
- Shasta Family YMCA
- Siskiyou Family YMCA
- Sonoma County Family YMCA
- Southeast Ventura County YMCA
- West End YMCA
- YMCA of Anaheim
- YMCA of Burbank California
- YMCA of Glendale
- YMCA of Greater Long Beach
- YMCA of Greater Whittier
- YMCA of Metropolitan LA
- YMCA of Orange County
- YMCA of San Diego County
- YMCA of Greater San Francisco
- YMCA of San Joaquin County
- YMCA of Silicon Valley
- YMCA of Superior California
- YMCA of the East Bay
- YMCA of the East Valley
- YMCA of the Foothills
- YMCA of West San Gabriel Valley





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